



Living in the Balance

October 2013

Fall Song

Another year gone, leaving everywhere
its rich spiced residues: vines, leaves,

the uneaten fruits crumbling damply
in the shadows, unmattering back

from the particular island
of this summer, this NOW, that now is nowhere

except underfoot, moldering
in that black subterranean castle

of unobservable mysteries – roots and sealed seeds
and the wanderings of water. This

I try to remember when time's measure
painfully chafes, for instance when autumn

flares out at the last, boisterous and like us longing
to stay – -- how everything lives, shifting

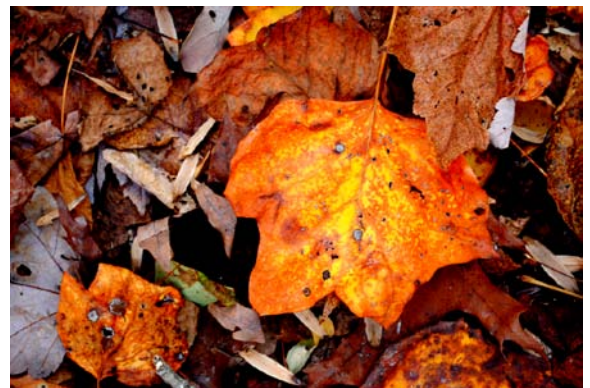
from one bright vision to another, forever
in these momentary pastures.

Mary Oliver



I thank you God for this most amazing day, for
the leaping greenly spirits of trees, and for the
blue dream of sky and for everything which is
natural, which is infinite, which is yes.

e.e.cummings



To be nobody but yourself in a world
which is doing its best day and night to make you like
everybody else means to fight the hardest battle
which any human being can fight and never stop fighting.

e.e.cummings



Calendar considerations.....

Tibetan Monks to Create Sand Art

Monday, September 30 – Friday, October 4
Chapman Cultural Center, Spartanburg, SC
www.upcountrysc.com/news/Tibetanmonksart

Contemplative Outreach of Charlotte

Songs to Silence; Taize Chants and Centering Prayer, 10:00 a.m. until noon, October 5
Centering Prayer Introductory Workshop, 10:00 – 4:00 October 12 in Winston-Salem
Centering Prayer Introductory Workshop, 10:00 – 4:00 November 2 in Charlotte
www.cpcharlotte.org

Greenville Friends of Jung

Inaugural event! “Jungian Psychology and the Spiritual Journey” with Dr. Jerry Wright
Friday evening, October 25, 7:00 until 9:15 (2 CEU’s approved for LPC, MFT and MSW non-social work hours)
<http://greenvillefriendsofjung.com> for more information and to register.

Anderson School of Theology for Laypersons

Ecology is the New Theology and The Future is Calling Us to Greatness, Rev. Michael Dowd, October 13, 2013
Dr. Walter Brueggemann, February 16, 2014
Dr. John Philip Newell, November 9, 2014
For more information <http://astlonline.org>

The Sophia Institute

Light the Flame, A Vision for a New Humanity with Andrew Harvey, October 18 – 19
Loving Self to Wellness with Anna Schalk, October 25 – 26
Women of Wisdom, November 1, 2, and 3 Featured Speaker Jean Shinoda Bolen
What is the Soul Dream Calling You? Gloria Karpinski, November 8 – 9
www.thesophiainstitute.org

Southern Dharma Retreats, Hot Springs, North Carolina

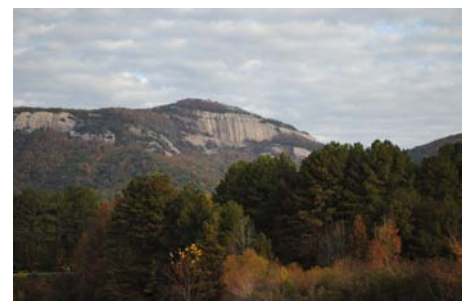
Vipassana: Wise Understanding and Noble Kindness, October 4 – 9
A Joyful Path: Transforming Suffering and Healing Hearts, October 17 – 20
The Practice of Conscious Compassionate Awareness, October 23–27
Transforming the Judgmental Mind, November 1–6
For more information about retreats and the schedule <http://www.southerndharma.org>

His Holiness the Dalai Lama

Emory University, Atlanta, Georgia
October 8 – 10, 2013
Tickets and information at dalailama.emory.edu

The Anchorage

4-day directed retreat at Mepkin Abbey, October 7 – 11
Fall Quiet Day, Friday, November 8
www.theanchorage.org





Calendar considerations.....

Valle Crucis Conference Center

Finding Our Way: Discernment in Confusing Times, Friday, October 11
Advanced Intensive Centering Prayer Retreat, December 1 – December 8
Advent: Waiting in Joyful Hope, Friday, December 6
If you want to make a personal retreat, there are hermitages available.
www.highsouth.com/vallecrucis

Lansing Lee Conference

Blue Ridge Tales: Stories of Survival, Healing and Faith featuring Rev. Becca Stevens
October 20 – 22, 2013
Kanuga Conference Center, Hendersonville, NC
www.kanuga.org

The Cathedral of St. Philip in Atlanta, Georgia

A Day with Cynthia Bourgeault: The Holy Trinity Reconsidered – Harnessing the Power of Three
Saturday, October 26
Contact Jeannie Mahood for more information jmahood@stphilipscathedral.org

Modern Mind ~ Ancient Soul

Thursday evening, November 7 – lunch Sunday, November 10
Offered by AwakeningSoul
Presenters: Lauren Winner and Jungian analyst, Jerry Wright
Lutheridge Conference Center, Asheville, NC
For more information <http://www.awakeningsoulpresents.org/awakeningsoul-events>

Wake Forest Divinity School's Food, Faith and Religious Leadership Initiative offering program in Asheville

Friday evening, November 1, A Language to Make Us Whole – Writing, Activism, and Hope at the Margins
Saturday, November 2, Faithful Witness: A Workshop on Creative Writing and Social Change
<http://divinity.wfu.edu/events/faithful-witness-creative-writing-and-social-change-asheville>

Kanuga Conference Center

Icon Writing, November 16 – 22
Enneagram Conference, December 5 – 8
Kanuga Conference Center, Hendersonville, NC
www.kanuga.org

The Year of Altruism Greenville, SC

The mission of the Year of Altruism is to encourage and celebrate altruism in thought, speech and deed, focusing the community on fostering acts of kindness in its organizations and individuals, thus creating a better future, one life at a time. Events are scheduled throughout the year.
For details and schedules to go <http://yearofaltruism.org>





About Spiritual Direction —

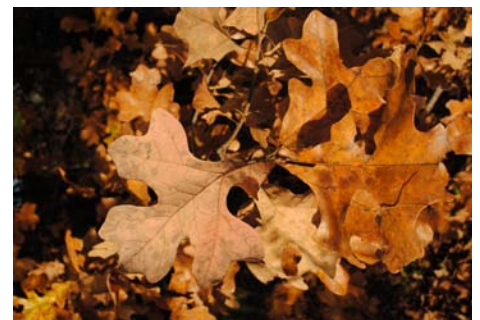
- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

For more information about Spiritual Direction, please feel free to contact me by phone
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The photos in this month's journal are my work and were taken in Upstate South Carolina and along the Blue Ridge Parkway.