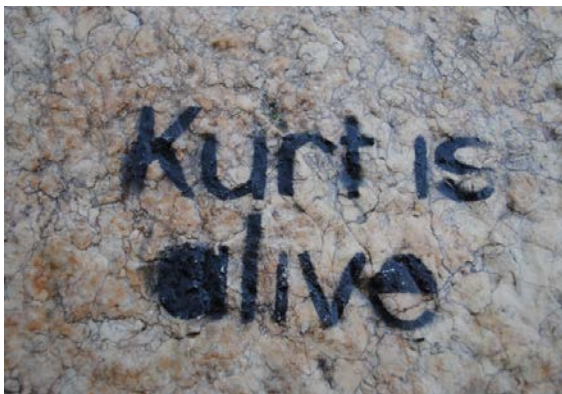


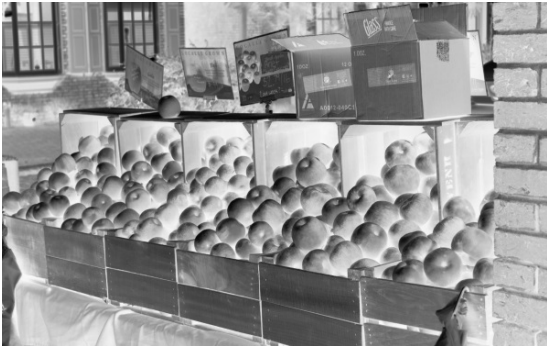


# Living in the Balance

March 2015

I often shoot photos of graffiti. I am intrigued by what people write on walls.....what they glue on poles....or spray paint on buildings, bridges and doorways.





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## *Calendar considerations.....*

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### **World Religions Symposium**

This year's series is on Hinduism  
Series begins with Townes Keynote Lecture  
The Turbulence of Religious Difference: The Challenge  
Of Religious Pluralism in America and India by Dr. Diana Eck  
Tuesday, March 3, at 7:00 p.m.  
Younts Center, Furman University  
Greenville, SC

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### **Greenville SC Friends of Jung**

The Red Book led by Randall Mishoe  
Friday evening, March 20  
[www.greenvillefriendsofjung.org](http://www.greenvillefriendsofjung.org)

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### **Lenten Quiet Afternoon of Centering Prayer**

Sunday, March 22, from 3:30 until 4:45  
Earle Conference Room in the Parish House at Christ Church Episcopal, Greenville, SC  
There will be a **Celtic Service** in the Chapel at Christ Church at 5:00 that afternoon as well.

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### **The Sophia Institute, Charleston, SC**

A Deep but Dazzling Darkness: Beauty and Courage to Harvest the Presence with David Whyte, March 27 and 28  
Engaging Wholeheartedly as Women Leaders with Margaret Wheatley, May 8 and 9  
The Endless Practice: Becoming Who You Were Born to Be with Mark Nepo, May 15, 16 and 17  
[www.thesophia institute.org](http://www.thesophia institute.org)

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### **Southern Dharma Center**

Knowing, Emptiness and Radiant Mind, March 12 – 15  
Guided Metta Meditation, March 28 – April 2  
In Nature, Our True Nature, April 8 – 12  
For more information and the year schedule [www.southerndharma.org](http://www.southerndharma.org)

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### **Oprah Super Soul Sundays**

Oprah is interviewing Sr. Joan Chittister, Richard Rohr and Jon Kabat-Zinn as well  
as others. You can also view these and previous interviews with Pema Chodron on-line.

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Offerings by **The Anchorage** in Greenville, SC

Spring Quiet Day: Merton's Quiet Place Within, Thursday, April 9 from 9:  
Mepkin Abbey Directed Retreats offered in April and July  
For more information: <http://www.theanchorage.org/>





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## *Calendar considerations.....*

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### **Montreat Retreat Center**

Praying with Julian of Norwich  
A Columbia Theological Seminary Spiritual Formation Program  
April 23 – 26  
[www.montreat.org](http://www.montreat.org)

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### **The Haden Institute**

Summer Dream Conference and Spirituality Conference  
May 24 – 29  
[www.hadeninstitute.com](http://www.hadeninstitute.com)

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### **Intensive Centering Prayer Retreat**

May 31 – June 6  
St. Mary's Retreat Center, Sewanee, Tennessee  
<https://copnc.org>

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### **Women's Retreat with Dr. Lauren Winner**

September 17 – 19  
Lake Junaluska Conference Center, North Carolina  
[http://www.lakejunaluska.com/events/spiritual\\_enrichment/signature\\_series/](http://www.lakejunaluska.com/events/spiritual_enrichment/signature_series/)

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### **Dr. Martin Luther King, Jr's Unfinished Agenda**

Intergenerational "teach-in." Speakers include Leonard Pitts, Yvette Flunder, and Bishop Vashti McKenzie.  
August 21 – 23  
Montreat Retreat Center, Montreat, NC  
<http://www.montreat.org/MLK/>

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### **Kanuga Conference Center**

Enneagram Conference, October 4–7  
Lansing Lee Conference October 18 – 20 featuring keynotes  
Rev. Dr. George Carey and Rev. Canon John Petersen  
Icon Writing November 15 – 21







## About Spiritual Direction —

- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

## You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

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For more information about Spiritual Direction, please feel free to contact me by phone  
864-246-3960 or via email at [wmeade@meadellc.com](mailto:wmeade@meadellc.com)

Wanda Meade, M.Ed., Licensed Professional Counselor  
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Greenville, SC 29610

*The photos are my work. The opening page photos were shot from travels. The bridge graffiti was off Highway 25 South. The other photos in the journal are "inverted." I changed the photos to black and white and then flipped the dark/light.*

