



Living in the Balance

July 2014

The God Who Only Knows Four Words

Every

child

has known God.

Not the God of names,

Not the God of don'ts,

Not the God who ever does

anything weird,

But the God who only knows four words

and keeps repeating them, saying:

“Come dance with Me.”

Come

Dance.

Hafiz

“I wanted you to see what real courage is. Instead of getting the idea that courage is a man with a gun in his hand, it's when you know you're licked before you begin, but you begin anyway and see it through no matter what.”

Atticus Finch

To Kill a Mockingbird



To be fully alive, fully human, and completely awake is to be continually thrown out of the nest. To live fully is to be always in no-man's-land, to experience each moment as completely new and fresh. To live is to be willing to die over and over again.

Pema Chodron

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Calendar considerations.....

Contemplative Outreach of Middle Tennessee

8-Day Intensive Centering Prayer Retreat

July 27 – August 3

St. Mary's Retreat Center

Sewanee, TN

www.stmaryssewanee.org

E-Courses

Forgiveness: A Growth in Love -- August 4 - August 29

Many others on demand

Offered by Spirituality and Practice

www.SpiritualityandPractice.com

The Sophia Institute

What is the SoulDream Calling You? Gloria Karpinski, July 11 to 12

Heart Callings, Carolyn Rivers, September 6

Mindfulness, Henk Brandt, September 20

Jean Shinoda-Bolen, October 3 and 4

A Spirituality for the 21st Century, Matthew Fox, October 24 and 25

Charleston, SC

www.thesophia institute.org

Southern Dharma Retreats, Hot Springs, North Carolina

The Way of the Truth, July 3 – 6

Insight Dialogue and the Path of Peace, July 11 – 16

Guiding Your Own Practice, An Insight Meditation Retreat, July 23 – 27

Seeing Clearly, Opening Up: The Heart of Vispassana , July 31 – August 5

Touching the Unconditioned: A Vispassana Retreat, August 13 – 17

Buddhism and the Twelve Steps, August 28 – September 1

For more information about retreats and the schedule

<http://www.southerndharma.org>

Mountain Top Lectures

Rabbi Rami Shapiro, November 7 and 8

Davidsonville, GA

[www/mountaintoplectures.org](http://www.mountaintoplectures.org)

Looking for a place to offer or go on a day retreat?

Tiggs Pond Retreat is just over the NC line north of Greenville, SC

<http://www.tiggspondretreatcenter.com>





Calendar considerations.....

Abbey of the Arts E-courses

Novena of Resurrection, Earth as our First Monastery, September 8 – 17
Other courses available on line including Monk in the World
www.abbeyofthearts.com

Kanuga

FACE: Faith, Art, and Creative Expression, August 17 – 22
Lansing Lee Conference, Experiencing Eternity, Dr. Eden Alexander,
October 26 – 28
www.kanuga.org

The Cathedral of St. Philip

The New Emerging Spirituality with Dr. Lauren Artess, October 25
Atlanta, GA
www.stphilipscathedral.org

AwakeningSoul

Seeking the Sacred Thread – Celebrating the Heart of Life
John Philip Newell and Barbara Brown Taylor
November 6 – 9
Lutheridge Conference Center
Asheville, NC
<http://www.awakeningsoulpresents.org/>

Anderson School of Theology for Laypersons

Dr. John Philip Newell, November 9, 2014
Speaking at 3:00 and at 7:00 p.m.
For more information <http://astlonline.org>

Valle Crucis Conference Center

Advanced Intensive Centering Prayer Retreat
November 30 – December 7
Valle Crucis, NC
<http://www.highsouth.com/vallecrucis/events.php4>

Summer.....

I saw fire flies....

I smelled cut grass....

And what about you.....





About Spiritual Direction —

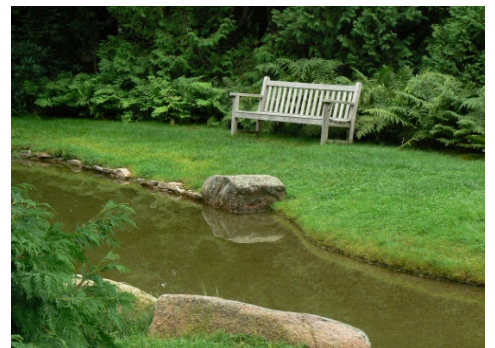
- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

For more information about Spiritual Direction, please feel free to contact me by phone
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The photos in this month's journal are my work. All were taken in Acadia National Park, Maine.