



Living in the Balance

July 2013

“The Journey”

One day you finally knew
what you had to do, and began,
though the voices around you
kept shouting
their bad advice --
though the whole house
began to tremble
and you felt the old tug
at your ankles.
"Mend my life!"
each voice cried.
But you didn't stop.
You knew what you had to do,
though the wind pried
with its stiff fingers
at the very foundations,
though their melancholy
was terrible.
It was already late
enough, and a wild night,
and the road full of fallen
branches and stones.
But little by little,
as you left their voices behind,
the stars began to burn
through the sheets of clouds,
and there was a new voice
which you slowly
recognized as your own,
that kept you company
as you strode deeper and deeper
into the world,
determined to do
the only thing you could do --
determined to save
the only life you could save.”

Mary Oliver

Ten times a day something happens to me like this – some strengthening throb of amazement - some good sweet empathic ping and swell. This is the first, the wildest and the wisest thing I know: that the soul exists and is built entirely out of attentiveness. *Mary Oliver*



Tell me, what else should I have done?
Doesn't everything die at last, and too soon?
Tell me, what is it you plan to do
With your one wild and precious life? *Mary Oliver*



The most regretful people on earth are those who felt the call to creative work, who felt their own creative power restive and uprising, and gave to it neither power nor time. *Mary Oliver*



Calendar considerations.....

Southern Dharma Retreats, Hot Springs, North Carolina

Insight Dialogue and the Path of Peace, July 5 – 10

Mindfulness: The Path to Freedom, July 26 – 31

Seeing Clearly, Opening Up, The Heart of Vipassana Practice, Aug 28 – Sept 2

Nourishing Ourselves with Meditation, Mindfulness and Yoga, September 12 – 15

For more information about retreats and the schedule <http://www.southerndharma.org>

Greenville Friends of Jung

Inaugural event! “Jungian Psychology and the Spiritual Journey” with Dr. Jerry Wright

Friday evening, October 25, 7:00 until 9:15 (CEU’s applied for)

First Baptist Church, Greenville, SC

<http://greenvillefriendsofjung.com>

The Year of Altruism Greenville, SC

The mission of the Year of Altruism is to encourage and celebrate altruism in thought, speech and deed, focusing the community on fostering acts of kindness in its organizations and individuals, thus creating a better future, one life at a time.

Events are scheduled throughout the year.

For details and schedules to go <http://yearofaltruism.org>

SOULfeast

July 14 – 18, 2013

Featured speaker will be Trevor Hudson

Lake Junaluska Retreat Center

<http://www.lakejunaluska.com/soulfeast>

2013 Columbia Theological Seminary Lecture Series

“The Role of Religion and Race in U.S. Politics: A Post-Election Conversation on Christian Faith and Public Life”

July 15–27 at Montreat Conference Center, Montreat, NC

<http://www.montreat.org/current/2013-columbia-theological-seminary-lecture-series>

8-Day Intensive Centering Prayer Retreat

St. Mary’s Retreat Center, Sewanee, TN

July 28 – August 4

Contemplative Outreach of Middle Tennessee

<http://www.centeringprayermidtn.com>

Wildgoose Festival

Wild Goose is a community gathered at the intersection of justice, spirituality, music and art. Our main annual event is a 4-day, outdoor festival hosted each summer in North Carolina. A wide range of interesting speakers.

August 8 – 11, 2013 in Hot Springs, NC

<http://wildgoosefestival.org>

Fr. Carl Arico

Offered by Centering Prayer of Charlotte, NC

Saturday, September 21, 2013, 9:30 until 3:30

St. Gabriel Catholic Church, Charlotte, NC

<http://cpcharlotte.org/events.php>





Calendar considerations.....

Anderson School of Theology for Laypersons

Rev. Michael Dowd, October 13, 2013

Dr. Walter Brueggemann, February 16, 2014

Dr. John Philip Newell, November 9, 2014

For more information <http://astlonline.org>

Iona Pilgrimage with Jungian analyst Jerry Wright

September 20 through October 1, 2013

For more information contact Jerry at jwright@morrisbb.net

Lansing Lee Conference

Blue Ridge Tales: Stories of Survival, Healing and Faith featuring Rev. Becca Stevens

October 20 – 22, 2013

Kanuga Conference Center, Hendersonville, NC

www.kanuga.org

The Cathedral of St. Philip in Atlanta, Georgia

A Day with Cynthia Bourgeault: The Holy Trinity Reconsidered – Harnessing the Power of Three

Saturday, October 26

Contact Jeannie Mahood for more information jmahood@stphilipscathedral.org

His Holiness the Dalai Lama

Emory University, Atlanta, Georgia

October 8 – 10, 2013

Tickets and information at dalailama.emory.edu

Kanuga Conference Center

Icon Writing, November 16 – 22

Enneagram Conference, December 5 – 8

Kanuga Conference Center, Hendersonville, NC

www.kanuga.org

Modern Mind ~ Ancient Soul

Thursday evening, November 7 – lunch Sunday, November 10

Offered by AwakeningSoul

Presenters: Lauren Winner and Jungian analyst, Jerry Wright

Lutheridge Conference Center, Asheville, NC

For more information <http://www.awakeningsoulpresents.org/awakeningsoul-events>

The Hermitages at Valle Crucis in Valle Crucis, NC

Offers wonderful spaces for private retreats.

<http://vallecrucishermitages.blogspot.com/>

The Monastery of St. Clare

Travelers Rest, SC

Offers quiet retreat time and space.

<http://poorclaresc.com/zzz/ministries/retreat-house/>





About Spiritual Direction —

- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

For more information about Spiritual Direction, please feel free to contact me by phone
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