
Living in the Balance

December 2012



A Gaelic Prayer.....

Deep peace of the running wave to you.
Deep peace of the flowing air to you.
Deep peace of the quiet earth to you.
Deep peace of the shining stars to you.
Deep peace of the gentle night to you.
Moon and stars pour their healing light on you.
Deep peace to you.





Calendar considerations.....

The Power of Dreams

A six-session dream group beginning Sunday, January 6, 2013
Offered by Rev. Nancy Neal in Greenville, SC
For more information contact Nancy at nanneal@att.net

Southern Dharma Retreats, Hot Springs, North Carolina

New Year's Retreat December 27 – January 2
The schedule for 2013 should be posted soon.
Please check the website <http://www.southerndharma.org>
Registration for 2013 programs begins January 7, 2013
For more information contact Carol Meyer at southerndharma@earthlink.net

The Sophia Institute in Charleston, South Carolina

Beauty, Eros and Wisdom, January 3 and 4, 2013
The Pilgrim Way: Setting the Direction for a Future Life, March 8 and 9, 2013
Seven Thousand Ways to Listen, May 17, 2013
<http://www.thesophiainstitute.org>

Anderson School of Theology for Laypersons

Dr. Luther Smith, January 20, 2013
Rev. Michael Dowd, October 13, 2013
Dr. Walter Brueggemann, February 16, 2014
Dr. John Philip Newell, November 9, 2014
For more information <http://astlonline.org>

The Bowen Conference at Kanuga

“Encore! Getting Rewired for Your Next Act”
Jeri Sedlar and Rick Miners
February 25 – 27, 2013
For more information www.kanuga.org

Natural Spirituality Regional Gathering

February 8 –10 (or Saturday only)
Camp Mikell near Toccoa, Georgia
For more information <http://www.naturalspiritualityregionalgathering.com>

Engaging Faith – Brene Brown and Yvette Flunder

Offered by Nexus and held at Furman University
Friday evening, February 22 and Saturday, February 23
CEU's available for this event
www.engagingfaith.org





Calendar considerations.....

Caring for God's Creation

Dr. James Hansen will be featured at the conference via SKYPE.

April 4 –7, 2013

Lake Junaluska Conference Center

For more information www.lakejunaluska.com/caring

Mountain Top Lectures

Bishop John Spong

May 3 and 4, 2013

Amicalola Falls Lodge, Dawsonville, Georgia

<http://mountaintoptlectures.org>

Transforming Trauma: Contemplative Approaches to Spiritual Healing

Friday, April 12, 9:30 – 12:30 p.m.

Led by James Finley at St. Michael Archangel Catholic Church, Cary, NC

Through the Narrow Gate

A silent retreat led by James Finley who will let the mystic teachings from Christianity, Buddhism and other traditions be the guides.

Friday, April 12 at 5:00 p.m. until Sunday, April 14 at noon.

St. Francis Springs Prayer Center, Stoneville, NC.

<http://jamesfinleynorthcarolina.org>

Summer Dream and Spirituality

Offered by the Haden Institute at Kanuga Conference Center, Hendersonville, NC

May 26 –31, 2013

For more information: <http://www.hadeninstitute.com/summer-dream-conference>

Iona Pilgrimage with Jungian analyst Jerry Wright

September 20 through October 1, 2013

For more information contact Jerry at jwright@morrisbb.net

Other websites of interest that offer on-line courses:

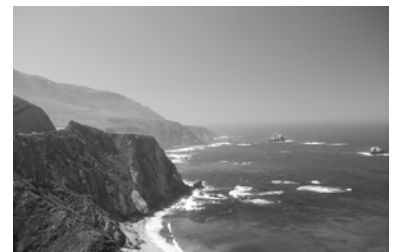
Abbey of the Arts <http://abbeyofthearts.com>

Spirituality and Practice www.spiritualityandpractice.com

Asheville Jung Center <http://ashevillejungcenter.org>

Give yourself the gift of Advent and Solstice...take a walk outside at night...
Smell the air. Feel the cool on your face. Life is so sweet. This is the
only moment we have...the one that is right now. Savor.

Moon and stars pour their healing light on you...sweet peace to you.





About Spiritual Direction —

- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

For more information about Spiritual Direction, please feel free to contact me by phone
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All of the photos in this month's journal are my work. On the opening page the early morning sunrise was taken off the Blue Ridge Parkway near Mt. Pisgah, NC. The moon rise was taken in my back yard. The other photos were taken in Northern California along the coast near Mendocino.