



Living in the Balance

April 2013

“Something in the air this morning
made me feel like flying. . . ”

Eileen Granfors



“In a world where thrushes sing and willow
trees are golden in the spring, boredom
should have been included among the
seven deadly sins.”

Elizabeth Goudge

Behold, my friends, the spring is
come; the earth has gladly received
the embraces of the sun, and we
shall soon see the results of their
love!

Sitting Bull





Calendar considerations.....

Interfaith Forum

Thursday, April 4 at 7:00 p.m.

Presents ***Fremont U.S.A.***

a Documentary Film Developed by the Pluralism Project of Harvard University
The Kroc Center, Greenville, SC
Free and open to the public!

Southern Dharma Retreats, Hot Springs, North Carolina

In Nature Our True Nature (Buddhism), April 3 – 7

Working with Emotions the Buddha's Way, April 13 – 18

The way to practice the two vehicles to liberation: concentration & insight, April 25 – May 2

The dance of emotions: an insight meditation retreat, May 7 – 12

For more information about retreats and the schedule <http://www.southerndharma.org>

The Sophia Institute in Charleston, South Carolina

On Living Authentically with Ellen Burstyn, April 11, 2013

Seven Thousand Ways to Listen with Mark Nepo, May 17, 2013

<http://www.thesophia institute.org>

Cherry Hill Seminary and the University of South Carolina

Sacred Lands and Spiritual Landscapes...The Cosmography of the Pagan Soul

Featuring author and scholar Ronald Hutton

April 12 – 13, 2013.

University of South Carolina Campus

For more information CHS@cherryhillseminary.org

Transforming Trauma: Contemplative Approaches to Spiritual Healing

Friday, April 12, 9:30 – 12:30 p.m.

Led by James Finley at St. Michael Archangel Catholic Church, Cary, NC

Through the Narrow Gate

A silent retreat led by James Finley who will let the mystic teachings from Christianity, Buddhism and other traditions be the guides.

Friday, April 12 at 5:00 p.m. until Sunday, April 14 at noon.

St. Francis Springs Prayer Center, Stoneville, NC.

<http://jamesfinleynorthcarolina.org>

Caring for God's Creation

Dr. James Hansen will be featured at the conference via SKYPE.

April 4 – 7, 2013

Lake Junaluska Conference Center

For more information www.lakejunaluska.com/caring

Mountain Top Lectures

Bishop John Spong

May 3 and 4, 2013

Amicalola Falls Lodge, Dawsonville, Georgia

<http://mountaintoplectures.org>





Calendar considerations.....

Five-Day Academy for Spiritual Formation

May 13 – 18 offered at White Oak Conference Center, Winnsboro, SC
Speakers include Marjorie Thompson and Rabbi Rami Shapiro

For more information <http://academy.cs-staging.com/events/five-day-academies>
Or contact Pat Hansen at pat.hansen@juno.com

Imagine: Montreat's Spring Conference

May 24 – 27, 2013

Presenters include Marcus Borg and Tom Currie

Montreat Retreat Center, Montreat, NC

<http://www.montreat.org>

Summer Dream and Spirituality Conference

Offered by the Haden Institute at Kanuga Conference Center, Hendersonville, NC

May 26 –31, 2013

For more information: <http://www.hadeninstitute.com/summer-dream-conference>

SOULfeast

July 14 – 18, 2013

Featured speaker will be Trevor Hudson

Lake Junaluska Retreat Center

<http://www.lakejunaluska.com/soulfeast>

Jain Summer School for Youth

Open to students of all faith traditions ages 16 – 21

July 21 – 18 at Claremont Lincoln University in Claremont, CA

<http://jain.claremontlincoln.org/youth-summer-school>

Anderson School of Theology for Laypersons

Rev. Michael Dowd, October 13, 2013

Dr. Walter Brueggemann, February 16, 2014

Dr. John Philip Newell, November 9, 2014

For more information <http://astlonline.org>

Iona Pilgrimage with Jungian analyst Jerry Wright

September 20 through October 1, 2013

For more information contact Jerry at jwright@morrisbb.net

Modern Mind ~ Ancient Soul

Thursday evening, November 7 – lunch Sunday, November 10

Offered by AwakeningSoul

Presenters: Lauren Winner and Jungian analyst, Jerry Wright

Lutheridge Conference Center, Asheville, NC

For more information

<http://www.awakeningsoulpresents.org/awakeningsoul-events>

The Anchorage offers programs throughout the year in Greenville.

www.theanchorage.org





About Spiritual Direction —

- Offers a space and time for you to explore, reflect upon, and deepen your relationship with God.
- Provides a haven from the daily busyness of the outer world and opens a time to be still and to reflect on your inner journey.
- Is a companioning relationship grounded in dialogue and discernment.
- Explores ways you may integrate spirituality into your daily life.
- Is not limited to any one spiritual practice or tradition.
- May involve one or two meetings or multiple meetings over time.

You may wish to consider spiritual companioning if you are —

- Longing for a deeper relationship with the Divine
- Looking for a place to dialogue about spiritual questions
- Seeking ways to connect with the Spirit in a more intentional way
- Discerning ways to live in a more integrated and whole way
- Standing at a crossroads in your life
- Exploring new or fresh ways to be in relationship with God

For more information about Spiritual Direction, please feel free to contact me by phone
864-246-3960 or via email at wmeade@meadellc.com

Wanda Meade, M.Ed., Licensed Professional Counselor
Completed Haden Institute in Spiritual Direction Program
PO Box 14940
Greenville, SC 29610



All of the photos in this month's journal are my work. They capture spring from Ireland to Scotland to the Clemson Botanical Gardens to an old garden in downtown Greenville.